



CADAS – Community Drug Awareness Training

10.00	Introduction	Drug Picture quiz
10.15	Presentation	Stimulants – Amphetamine – Cocaine – Crack - Crystal Meths – Cocaethylene – Legal Highs What are the effects – What do they look like? Prevalence, trends, availability , cost, what to look for Questions ?
11.00 Tea/Coffee		
11.15	Presentation	Cannabis – Different types – different effects. Questions?
11.40	Presentation	Hallucinogens - Natural, synthetic, effects, risks, history, culture. Questions ?
12.00	Video	Therapeutic use of Hallucinogens Alternative ways of helping with addiction – Black Box, TFT, Nutrition and lifestyle etc.
13.00 Lunch		
13.45	Exercise	How drugs affect the brain – Neurotransmitters, Synapses, neurons, Exercise - Action of Cocaine and Dopamine. The role of neurotransmitters - Questions?
13.45	Presentation	Opiates – Heroin, methadone, Subutex. History and effects. Questions?
14.15	Video	An injection of common sense - Dangers of street drugs, injecting and harm reduction. – Questions ?:
15.00 Tea/Coffee		
15.15	Exercise	Drug Deal Participants to check their own knowledge of drugs. To ensure a common knowledge base. Drug Box – Questions?
16.00	Review	Questions? Handouts. Collect Evaluation.
16.30	Close	



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